

The Woodlawn Study - Adolescent Assessment 1975-76 – How I Feel (N=705) – 102 items

Depression= psychd016+ psychd026+ psychd036+ psychd046+ psychd056+ psychd066+ psychd076

How true has this been for you over the past several weeks?

1=not at all to 6=very, very much

	variable	item
	1. pechg016	I feel strong and healthy.
anx	2. psychx016	I feel nervous.
dep	3. psychd016	I feel sad.
	4. pechg026	I can change my plans or my mind if I get new information.
biz	5. psychb016	I feel empty inside.
par	6. psychz016	People hide from me what they really feel.
	7. psycho016	I have a tough time making up my mind.
	8. pechw016	Doing well in school is important to me.
glo	9. psychg016	I have serious personal problems.
	10. pechp016	I enjoy myself much of the time.
anx	11. psychx026	I feel under pressure.
dep	12. psychd026	I cry and don't know why.
	13. pechw026	I enjoy solving difficult problems.
glo	14. psychg026	There are times when I really feel bad inside.
	15. pechl016	I enjoy being with members of my family.
agg	16. psycha016	When I get angry, I stay angry.
	17. pechh016	I have faith in myself and other people.
biz	18. psychb026	I feel like I'm in another world.
par	19. psychz026	People have turned against me.
	20. pechp026	I have many hobbies.
	21. psycho026	I live by strict rules and habits.
	22. pechg036	I like being the way I am.
	23. pechh026	I believe that things usually turn out for the best.
glo	24. psychg036	I need outside help with my problems.
	25. pechl026	I am a warm and friendly person.
anx	26. psychx036	I feel tense.
dep	27. psychd036	I feel hopeless.
agg	28. psycha026	If someone insults me, I am likely to hit them.
	29. pechw036	When I have questions in school, I know how to get the answers.
biz	30. psychb036	I sometimes hear strange things when I am alone.
par	31. psychz036	I don't often trust people.
	32. psycho036	When things are not neat and orderly, I feel upset.
	33. pechp036	I have a sense of humor.
	34. pechh036	I believe people will generally do the right thing.
anx	35. psychx046	My hands sometimes shake.
agg	36. psycha036	I yell at people.
	37. pechg046	I'm good at what I do.
agg	38. psycha046	I feel like I am boiling inside.
	39. pechg056	When faced with a problem, I can work it out.
biz	40. psychb046	I sometimes think the world is ending.
	41. pechp046	I like to do new things I haven't done before.
par	42. psychz046	I worry about what others will do with what they know about me.
	43. pechl036	I enjoy being with kids my age.
	44. psycho046	If things are not just a certain way, I feel upset.
	45. pechw046	I work well under pressure.
	46. pechh046	I expect to be successful in life.

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anx47.	psychx056	New situations make me tense.
par48.	psychz056	I sometimes think people are following me.
49.	pechp056	I enjoy parties I go to.
agg50.	pycha056	I lose my temper.

How satisfied are you with these parts of your body?

1=not at all to 6=very, very much

51.	pbqqq016	Height
52.	pbqqq026	Weight
53.	pbqqq036	Overall facial looks
54.	pbqqq046	Complexion
55.	pbqqq056	Chest
56.	pbqqq066	Stomach
57.	pbqqq076	Hips
58.	pbqqq086	Seat
59.	pbqqq096	Sex organs
60.	pbqqq106	Overall body appearance

How true has this been for you over the past several weeks?

1=not at all to 6=very, very much

61.	pechl046	It is important to me to have a close friend to confide in.
glo62.	psychg046	Something is wrong with my mind.
63.	pechw056	I am a talented person.
dep64.	psychd046	I feel ashamed of myself.
65.	pechp066	Having fun is important to me.
biz66.	psychb056	Weird, odd and strange things happen to me.
67.	pechh056	I look forward to being an adult.
par68.	psychz066	Sometimes I think other people are out to get me.
69.	psycho056	I find myself double-checking things.
70.	pechh066	I expect to have good jobs later on.
glo71.	psychg056	I feel upset.
72.	pechw066	I can always be counted on to do a good job.
anx73.	psychx066	I feel tight inside.
agg74.	pycha066	I feel angry.
75.	pechl056	People think of me as understanding and sympathetic.
biz76.	psychb066	I sometimes hear voices or sounds others don't.
77.	pechh076	Someday I hope to teach, help or care for youngsters.
par78.	psychz076	People talk behind my back.
79.	pechg066	When I fail at something, I try again.
80.	psycho066	I have upsetting thoughts that won't go away.

Now some questions about how you feel about how you're doing in school.

81.	psnqq016	How do your teachers think you're doing in school? 1=not well at all to 6=very, very well
82.	pstqq016	How satisfied are you with your teacher's opinion of how you're doing? 1=not at all to 6=very, very much

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The next set of questions deals with the way things are going at home.

	variable	item
83.	psnqq026	How do your parents think you're doing at home? 1=not well at all to 6=very, very well
84.	pstqq026	How satisfied are you with your parents' opinion of how you're doing? 1=not at all to 6=very, very much

Now questions about how you get along with your friends.

1=not at all to 6=very, very much

85.	psnqq036	How well-liked are you by your friends?
86.	pstqq036	How satisfied are you with how well they like you?

Now questions about how you're doing with friends of the opposite sex.

1=not at all to 6=very, very much

87.	psnqq046	How well-liked are you by your friends of the opposite sex?
88.	pstqq046	How satisfied are you with how well they like you?

How true has this been for you over the past several weeks?

1=not at all to 6=very, very much

89.	pechw076	I like to do the best work that I can.
biz90.	psychb076	I feel like a stranger much of the time.
anx91.	psychx076	I startle easily.
92.	pechp076	It's easy for me to relax and enjoy myself.
dep93.	pychd056	I feel guilty.
94.	pechl066	I like to share my feelings with others.
agg95.	pycha076	I get into fights.
96.	pycho076	I keep myself cleaner than I really need to.
97.	pechg076	I am a worthwhile person.
glo98.	pychg066	I have many personal troubles.
dep99.	pychd066	I don't feel worth much.
100.	pechl076	I make friends easily.
glo101.	pychg076	I should talk to a doctor about my problems.
dep102.	pychd076	People would be better off without me.

In early childhood, mothers assessed 38 psychological symptoms in their children indicating signs of anxiety, depression, and bizarre affect and behavior using a scale of 0=not at all to 3=very much. These symptoms had been found to distinguish children who had been referred for psychological treatment from those who had not (Connors, 1970). Teachers reported on the children's mental health (12 items, scale 0=not at all to 3=a great deal) focusing on fearfulness, sadness, internalizing behavior and bizarre behavior, and a global assessment. Clinicians assessed flatness, depression, anxiety, hyperkinesis, and bizarre behavior in first grade (each on a scale of 0=within healthy limits to 5=extremely sick).